



safeTALK

suicide alertness for everyone



Learn four basic steps to recognize persons with thoughts of suicide and connect them with suicide helping resources.

**This three-hour training
can help you make a difference**

What is safeTALK?

safeTALK teaches members of the community to recognize people with thoughts of suicide and to connect them to suicide first aid resources. This half-day workshop offers a carefully crafted set of helping steps and the use of creative educational processes to make it possible for attendees to leave **safeTALK** willing and able to be suicide alert helpers.

In only a few hours, attendees will learn how to:

- provide practical help to people with thoughts of suicide
- be a suicide alert helper
- be aware that opportunities to help a person with thoughts of suicide are sometimes missed, dismissed and avoided
- activate a suicide alert using the TALK steps (*Tell, Ask, Listen and KeepSafe*)
- connect people with thoughts of suicide to people trained in suicide intervention

Who should come to safeTALK?

safeTALK is for everyone who wants to help prevent suicide: front line workers, clergy, volunteers, parents, youth*, teachers, law enforcement...anyone who want to help with suicide prevention.

*safeTALK is for anyone age 15 and older.
Younger persons may attend with the consent of parent or guardian.

When:

Tuesday, October 12th 2010
4:00pm - 7:00pm
Check in 3:45pm
(workshop starts promptly at 4pm)

Where:

Chief Kanim Middle School Library
32627 SE Redmond-Fall City Rd.
Fall City, WA 98024

Facilitator:

Sue Eastgard
YSPPP Executive Director

Sponsor:

The Snoqualmie Valley Community
Network

Clock Hours:

3 clock hours *pending* by ESD 121 &
3 CEUs by NASW - provider #1975-139

Cost:

FREE to persons living or working
within the Riverview or Snoqualmie Valley
School Districts

Registration:

email: Kristy Trione at svcn@msn.com

Deadline:

Friday, October 8, 2010



SNOQUALMIE VALLEY COMMUNITY NETWORK
connecting a caring community

YSPPP
Youth Suicide Prevention Program
www.yspp.org